



At Primary Care+ clinics, care is provided at low or no cost. If you participate in the Advantage+ Health Plan, you must meet any applicable annual deductible(s) before receiving non-preventative free care. (Federal law requires this for high-deductible plans.).

Service	Traditional Medical Plan, Select Network Plan, Selections and Selections Plus Plan Options	Advantage+ Health Plan Option
Preventive Care	\$0	\$0
Primary Care Visit (e.g., sick care or injury)	\$0	\$30; \$0 after deductible is met
Mental Health	\$0	\$30; \$0 after deductible is met
Health Coaching	\$0	\$0
Physical Therapy*	\$0	\$30; \$0 after deductible is met
Chiropractic Care**	\$0	\$30; \$0 after deductible is met
Routine Labs (e.g., in-clinic labs and blood draws)	\$0	\$0
Care Navigation (support locating quality specialists not available through the clinic)	\$0	\$0

Fee schedule applies to plan options administered by Blue Cross and Blue Shield of Illinois (including Embright Preferred Partnership Plan options).

* Crossover Health offers physical therapy and chiropractic services at its clinics. Vera Whole Health provides physical therapy at all locations except Tacoma and Portland, where patients will be referred to local partners. The fee schedule applies to appointments at Crossover, Vera clinics, and applicable Vera partner clinics.

** Vera Whole Health physical therapists can perform select chiropractic care at Vera clinic locations. If a Doctor of Chiropractic Medicine (DC) is required, Vera will help refer you to a local DC. Standard plan benefit member cost share will apply for chiropractic services outside Vera clinics.