



At Primary Care+ clinics, care is provided at low or no cost. If you participate in the Advantage+ Health Plan, you must meet any applicable annual deductible(s) before receiving non-preventative free care. (Federal law requires this for high-deductible plans.)

Service	Traditional Medical Plan, Select Network Plan, Selections and Selections Plus Plan Options	Advantage+ Health Plan Option
Preventive Care	\$0	\$0
Primary Care Visit (e.g., sick care or injury)	\$0	\$30; \$0 after deductible is met
Mental Health	\$0	\$30; \$0 after deductible is met
Health Coaching	\$0	\$0
Physical Therapy*	\$0	\$30; \$0 after deductible is met
Chiropractic Care*	\$0	\$30; \$0 after deductible is met
Routine Labs (e.g., in-clinic labs and blood draws)	\$0	\$0
Care Navigation (support locating quality specialists not available through the clinic)	\$0	\$0

Fee schedule applies to plan options administered by Blue Cross and Blue Shield of Illinois (including Embright Preferred Partnership Plan options).

* Crossover Health provides physical therapy and chiropractic services at their clinics. Vera Whole Health currently offers physical therapy appointments at their Tukwila clinic. For all other Vera Whole Health clinic locations, physical therapy and select chiropractic services are coordinated with their local physical therapy partner at the same Primary Care+ fee schedule.